

## Breakfast Menu

## Breakfast is served each morning in the cafe from 7:00-7:25am



| May 5th                 | May 6th       | May 7th           | May 8th                 | May 9th              |
|-------------------------|---------------|-------------------|-------------------------|----------------------|
| Strawberry filled bagel | Yogurt Cup    | Cinnamon Roll     | Blueberry donut hole    | Cinna-minis          |
| Pear Cup                | Cereal Choice | Mandarin Cup      | Peaches                 | Craisins             |
| Juice & Milk            | Craisins      | Juice & Milk      | Juice & Milk            | Juice & Milk         |
|                         | Juice & Milk  |                   |                         |                      |
| May 12th                | May 13th      | May 14th          | May 15th                | May 16th             |
| W/G Banana Bread Slice  | Yogurt Cup    | Breakfast Pizza   | Sausage Pancake Stick   | Donut Stick          |
| Mandarin Oranges        | Cereal Choice | PInepple          | Pineapple Cup           | Mixed Fruit          |
| Juice & Milk            | Pears         | Juice & Milk      | Juice & Milk            | Juice & Milk         |
|                         | Juice & Milk  |                   |                         |                      |
| May 19th                | May 20th      | May 21st          | May 22nd                | May 23rd             |
| Mini Pancakes           | Yogurt Cup    | W/G Bagel         | Sausage Breakfast       | Apple Strudel        |
| Mandarin Oranges        | Cereal Bowl   | Peanut Butter Cup | Sandwich                | Raisins              |
| Juice & Milk            | Peaches       | Pears             | Applesauce              | Berries              |
|                         | Juice & Milk  | Juice & Milk      | Juice & Milk            | Juice & Milk         |
| May 26 <sup>th</sup>    | May 27th      | May 28th          | May 29th                | May 30 <sup>th</sup> |
|                         | Yogurt Cup    | Blueberry Muffin  | Chicken Waffle Sandwich | SCHOOLS              |
|                         | Cereal Choice | Mixed Fruit Cup   | Applesauce              | OUT FOR              |
|                         | Pears         | Juice & Milk      | Juice & Milk            | CHMMED               |
|                         | Juice & Milk  |                   |                         | CUMULAN              |

CHOICE OF 8 FL OZ MILK: 1% MILK & FF CHOCOLATE MILK

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.



Balanced nutrition throughout the day contributes to student success in and out of the classroom. The National School Lunch Program (NSLP) offers students fruits, vegetables, whole grains, lean protein and fat free or low fat milk with every school lunch.

Questions or Comment please email us - cafe@holyspirity-indy.org





## Lunch Menu

Each lunch includes Entree, Vegetables, Fruit, and Milk

## **Choice Entrees**

Peanut Butter & Jelly Sandwich Yogurt & Fruit Parfait with Granola Spicy Chicken Sandwich (Choose one of these in place of entree-Served with veggies, Fruit, and Milk)

| May 5th                 | May 6th                  | May 7th               | May 8 <sup>th</sup>      | May 9th                 |
|-------------------------|--------------------------|-----------------------|--------------------------|-------------------------|
| Ram Bowl                | W/G Rotini with Meat     | Cheeseburger          | Chicken Cheese Taquitos  | Cheese Pizza            |
| Mashed Potatoes         | Sauce                    | W/G Bun               | Spicy Black Beans        | Breadstick              |
| Buttered Corn           | Parmesan Broccoli        | Potato Fries          | Spanish Rice             | Romaine Caesar Salad    |
| W/G Biscuit             | Garlic Knot              | Green Beans           | Corn Bread               | Apple Slices            |
| Watermelon Slush        | Peaches                  | Banana                | Mandarin Oranges         |                         |
| May 12th                | May 13 <sup>th</sup>     | May 14th              | May 15 <sup>th</sup>     | May 16th                |
| Chicken Tenders and W/G | Orange Chicken w/        | Sloppy Joe            | Chicken Bruschetta Pasta | Sausage Pizza           |
| Waffles                 | Brown Rice               | Cheesy Potatoes       | with W/G Penne           | Strawberry Feta Spinach |
| Mashed sweet potatoes   | Stir Fry Veggies         | Green beans           | Green Beans              | Salad                   |
| Seasoned Corn           | Egg Roll                 | Mandarin Oranges      | Garlic Bread             | Breadstick              |
| Apple Juice             | Peaches                  | Dinner Roll           | Banana                   | Apple Slices            |
| May 19th                | May 20th                 | May 21st              | May 22nd                 | May 23rd                |
| Cheese Omelet           | Chicken Alfredo over W/G | Meatloaf              | Taco Salad               | Field Day!              |
| Biscuit & Gravy         | penne                    | California Blend vegs | Corn & black bean blend  | Hot Dog or PBJ          |
| Tater Tots              | Broccoli Salad           | Mashed Potatoes       | Pico De Gallo            | Carrot Sticks           |
| Peaches                 | Garlic Bread             | Dinner Roll           | Corn Bread               | Chips                   |
|                         | Applesauce               | Mandarin Oranges      | Banana                   | Apple Slices            |
| May 26th                | May 27th                 | May 28th              | May 29 <sup>th</sup>     | May 30th                |
|                         | Chicken Parmesan with    | Pepperoni Pizza       | No sack lunches provided |                         |
|                         | W/G rotini               | Breadsticks           | • HAPPY •                | SCHOOLS                 |
|                         | Garden Salad             | Caesar salad          | LASI DAY.                | OVER FOR                |
|                         | Garlic Knot              | Apple slices          | * OF SCHOOL *            | SUMMER                  |
|                         | Mixed Fruit              |                       |                          |                         |

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