



Breakfast Menu

Breakfast is served each morning in the cafe from 7:00-7:25am



January 6th Strawberry Pastry Pear Cup Juice & Milk	January 7th Yogurt Cup Cereal Choice Craisins Juice & Milk	January 8th Cinnamon Roll Mandarin Cup Juice & Milk	January 9th Sausage Pancake Stick Pineapple Cup Juice & Milk	January 10th Blueberry waffle Peach Cup Juice & Milk
January 13th French Toast Mixed Fruit Juice & Milk	January 14th Yogurt Cup Cereal Choice Pears Juice & Milk	January 15th Breakfast Pizza Pineapple Juice & Milk	January 16th Cinna-minis Craisins Juice & Milk	January 17th Blueberry donut hole Peaches Juice & Milk
January 20th W/G Banana Bread Slice Mandarin Oranges Juice & Milk	January 21st Yogurt Cup Cereal Bowl Peaches Juice & Milk	January 22nd W/G Bagel Peanut Butter Cup Pears Juice & Milk	January 23rd Sausage Breakfast Sandwich Applesauce Juice & Milk	January 24th Apple Strudel Raisins Berries Juice & Milk
January 27th Mini Pancakes Mandarin Oranges Juice & Milk	January 28th Yogurt Cup Cereal Choice Pears Juice & Milk	January 29th Blueberry Muffin Mixed Fruit Cup Juice & Milk	January 30th Chicken Waffle Sandwich Applesauce Juice & Milk	January 31st Caramel Cinna-Mini Craisins Juice & Milk

CHOICE OF 8 FL OZ MILK: 1% MILK & FF CHOCOLATE MILK

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER .



Balanced nutrition throughout the day contributes to student success in and out of the classroom. The National School Lunch Program (NSLP) offers students fruits, vegetables, whole grains, lean protein and fat free or low fat milk with every school lunch.

Questions or Comment please email us - cafe@holyspirtity-indy.org





Lunch Menu

Each lunch includes Entree, Vegetables, Fruit, and Milk

Choice Entrees

Peanut Butter & Jelly Sandwich
 Yogurt & Fruit Parfait
 Buffalo Chicken Wrap
 (Choose one of these in place of entree-
 Served with veggies, Fruit, and Milk)

January 6 th Ram Bowl Mashed Potatoes Buttered Corn W/G Biscuit Watermelon Slush	January 7 th Chicken Bruschetta Pasta with W/G Penne Green Beans Garlic Bread Peaches	January 8 th Meatball Sub on w/g bun Baked Beans Potato Smiles Apple Sauce	January 9 th Orange Chicken w/ Brown Rice Stir Fry Veggies WG Dinner Roll Mandarin Oranges	January 10 th Pepperoni Pizza Breadstick Romaine Caesar Salad Apple Slices
January 13 th Chicken Tenders and W/G Waffles Mashed sweet potatoes Seasoned Corn Apple Juice	January 14 th W/G Rotini with Meat Sauce Parmesan Broccoli Garlic Knot Mandarin Oranges	January 15 th Cheeseburger W/G Bun Potato Fries Sliced Carrots Banana	January 16 th Chicken Fajita Brown Rice Bowl Spicy Black Beans Spanish Rice Fresh Orange Wedges	January 17 th Sausage Pizza Breadstick Romaine Garden Salad Apple Slices
January 20 th Country Fried Steak Mashed Potatoes Green beans Peaches Dinner Roll	January 21 st Chicken Alfredo over W/G penne Broccoli Salad Garlic Bread Applesauce	January 22 nd Spicy Chicken Sandwich W/G Bun California Blend vegs French Fries Mandarin Oranges	January 23 rd Taco Salad Corn & black bean blend Pico De Gallo Corn Bread Banana	January 24 th Cheese Pizza Breadstick Romaine Caesar Salad Pears
January 27 th Breaded Chicken Bites Seasoned Potatoes Pickle Chips Biscuit Pineapple	January 28 th Chicken Parmesan with W/G rotini Garden Salad Garlic Knot Mixed Fruit	January 29 th BBQ Grilled Chicken on W/G bun Cole Slaw Baked Beans Banana	January 30 th Corn Dog Nuggets Potato Tots Carrots Cantaloupe	January 31 st Pepperoni Pizza Breadstick Romaine Garden Salad Apple Slices

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