



Breakfast Menu

Breakfast is served each morning in the cafe from 7:00-7:25am



Sept 30 Cinnamon Roll Pear Cup Juice & Milk	Oct 1 Strawberry Pastry Mandarin Cup Juice & Milk	Oct 2 Yogurt Cup Cereal Choice Craisins Juice & Milk	Oct 3 Sausage Pancake Stick Pineapple Cup Juice & Milk	Oct 4 Blueberry waffle Peach Cup Juice & Milk
Oct 7 French Toast Mixed Fruit Juice & Milk	Oct 8 Yogurt Cup Cereal Choice Pears Juice & Milk	Oct 9 Breakfast Pizza Pineapple Juice & Milk	Oct 10 Cinna-minis Craisins Juice & Milk	Oct 11 Blueberry donut hole Peaches Juice & Milk
Oct 14 Closed for Fall Break	Oct 15 Closed for Fall Break	Oct 16 Closed for Fall Break	Oct 17 Closed for Fall Break	Oct 18 Closed for Fall Break
Oct 21 W/G Banana Bread Slice Mandarin Oranges Juice & Milk	Oct 22 Yogurt Cup Cereal Bowl Peaches Juice & Milk	Oct 23 W/G Bagel Peanut Butter Cup Pears Juice & Milk	Oct 24 Sausage Breakfast Sandwich Applesauce Juice & Milk	Oct 25 Apple Strudel Raisins Berries Juice & Milk
Oct 28 Mini Pancakes Mandarin Oranges Juice & Milk	Oct 29 Yogurt Cup Cereal Choice Pears Juice & Milk	Oct 30 Blueberry Muffin Mixed Fruit Cup Juice & Milk	Oct 31 Chicken Waffle Sandwich Applesauce Juice & Milk	Nov 1 Caramel Cinna-Mini Craisins Juice & Milk

CHOICE OF 8 FL OZ MILK: 1% MILK & FF CHOCOLATE MILK

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER .



Balanced nutrition throughout the day contributes to student success in and out of the classroom. The National School Lunch Program (NSLP) offers students fruits, vegetables, whole grains, lean protein and fat free or low fat milk with every school lunch.



Questions or Comment please email us - cafe@holyspirtity-indy.org



Lunch Menu

Each lunch includes Entree, Vegetables,
Fruit, and Milk

Choice Entrees

Peanut Butter & Jelly Sandwich
Yogurt & Fruit Parfait
Buffalo Chicken Salad
(Choose one of these in place of entree-
Served with veggies, Fruit, and Milk)

Sept 30th Ram Bowl Mashed Potatoes Buttered Corn W/G Biscuit Apple Sauce	Oct 1st Chicken Bruschetta Pasta with W/G Penne Green Beans Garlic Bread Peaches	Oct 2nd Philly Cheese Steak on W/G Bun Baked Beans French Fries Banana	Oct 3rd Orange Chicken w/ Brown Rice Stir Fry Veggies WG Dinner Roll Peaches	Oct 4th Pepperoni Pizza Breadstick Romaine Caesar Salad Apple Slices
Oct 7th Chicken Tenders and W/G Waffles Mashed sweet potatoes Seasoned Corn Apple Juice	Oct 8th W/G Rotini with Meat Sauce Parmesan Broccoli Garlic Knot Mandarin Oranges	Oct 9th Cheeseburger W/G Bun Potato Fries Sliced Carrots Banana	Oct 10th Barbacoa Beef Tacos on W/G tortillas Spicy Black Beans Spanish Rice Fresh Orange Wedges	Oct 11th Sausage Pizza Breadstick Romaine Garden Salad Apple Slices
Oct 14 th Closed for Fall Break	Oct 15 th Closed for Fall Break	Oct 16 th Closed for Fall Break	Oct 17 th Closed for Fall Break	Oct 18 th Closed for Fall Break
Oct 21st Meatloaf Mashed Potatoes Green beans Peaches Dinner Roll	Oct 22nd Chicken Alfredo over W/G penne Broccoli Salad Garlic Bread Applesauce	Oct 23rd Spicy Chicken Sandwich W/G Bun California Blend vgs French Fries Mandarin Oranges	Oct 24-Noon Dismissal Turkey or PBJ Carrot Sticks Apples Sun Chips Milk	Oct 25th Cheese Pizza Breadstick Romaine Caesar Salad Pears
Oct 28th Breaded Chicken Bites Seasoned Potatoes Pickle Chips Biscuit Pineapple	Oct 29th Chicken Parmesan with W/G rotini Garden Salad Garlic Knot Mixed Fruit	Oct 30th BBQ Grilled Chicken on W/G bun Cole Slaw Baked Beans Banana	Oct 31st Country Fried Steak Mashed Potatoes Seasoned Corn W/G Biscuit Cantaloupe	Nov 1st Pepperoni Pizza Breadstick Romaine Garden Salad Apple Slices



CHOICE OF 8 FL OZ MILK: 1% MILK & FF CHOCOLATE MILK

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.



Balanced nutrition throughout the day contributes to student success in and out of the classroom. The National School Lunch Program (NSLP) offers students fruits, vegetables, whole grains, lean protein and fat free or low-fat milk with every school lunch.



Questions or Comment please email us - cafe@holyspирity-indy.org