



Lunch Menu

Each lunch includes Entree, Vegetables, Fruit, and Milk

Choice Entrees

- Peanut Butter & Jelly Sandwich
- Yogurt & Fruit Parfait
- Chicken Caesar Salad

(Choose one of these in place of entree- Served with veggies, Fruit, and Milk)

Dec 2nd Ram Bowl Mashed Potatoes Buttered Corn W/G Biscuit Apple Sauce	Dec 3rd Chicken Bruschetta Pasta with W/G Penne Green Beans Garlic Bread Peaches	Dec 4th Philly Cheese Steak on W/G Bun Baked Beans Sweet Potato Tots Banana	December 5th Orange Chicken w/ Brown Rice Stir Fry Veggies WG Dinner Roll Cantaloupe	December 6th Pepperoni Pizza Breadstick Romaine Caesar Salad Apple Slices
Dec 9th Chicken Tenders and W/G Waffles Mashed sweet potatoes Seasoned Corn Apple Juice	Dec 10th W/G Rotini with Meat Sauce Parmesan Broccoli Garlic Knot Mandarin Oranges	Dec 11th Cheeseburger W/G Bun Potato Fries Sliced Carrots Banana	Dec 12th Chicken Fajita Brown Rice Bowl Spicy Black Beans Cornbread Fresh Orange Wedges	Dec 13th Sausage Pizza Breadstick Romaine Garden Salad Apple Slices
Dec 16th Meatloaf Mashed Potatoes Green beans Peaches Dinner Roll	Dec 17th Chicken Alfredo over W/G penne Broccoli Salad Garlic Bread Applesauce	Dec 18th Spicy Chicken Sandwich W/G Bun California Blend vegs French Fries Mandarin Oranges	Dec 19th Corn Dog Nuggets Tater Tots Carrots Apple Slices	Dec 20th Cheese Pizza Breadstick Romaine Caesar Salad Pears



Balanced nutrition throughout the day contributes to student success in and out of the classroom. The National School Lunch Program (NSLP) offers students fruits, vegetables, whole grains, lean protein and fat free or low-fat milk with every school lunch.



Questions or Comment please email us - cafe@holyspirtity-indy.org



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December

Breakfast Menu

Breakfast is served each morning in the cafe from 7:00-7:25am



Dec 2nd Cinnamon Roll Pear Cup Juice & Milk	Dec 3rd Yogurt Cup Cereal Choice Craisins Juice & Milk	Dec 4th Strawberry Pastry Mandarin Cup Juice & Milk	Dec 5th Sausage Pancake Stick Pineapple Cup Juice & Milk	Dec 6th Blueberry waffle Peach Cup Juice & Milk
Dec 9th French Toast Mixed Fruit Juice & Milk	Dec 10th Yogurt Cup Cereal Choice Pears Juice & Milk	Dec 11th Breakfast Pizza Pineapple Juice & Milk	Dec 12th Blueberry donut hole Peaches Juice & Milk	Dec 13th Cinna-minis Craisins Juice & Milk
Dec 16th W/G Banana Bread Slice Mandarin Oranges Juice & Milk	Dec 17th Yogurt Cup Cereal Bowl Peaches Juice & Milk	Dec 18th W/G Bagel Peanut Butter Cup Pears Juice & Milk	Dec 19th Sausage Breakfast Sandwich Applesauce Juice & Milk	Dec 20th Apple Strudel Raisins Berries Juice & Milk



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